



Campus Safety Policies

Alcohol & Drug Abuse Prevention





Alcohol and Drug Abuse Prevention and Assistance

Every UOPX location offers sexual assault awareness and prevention training annually to students, faculty, and staff, including information about how alcohol and drugs can be a contributing factor in sexual assault. Please contact the Campus Safety Coordinator for information on where and when this educational event will occur. Students have direct access to this training from the Policy and Compliance link on [MyPhoenix](#). In addition to the information provided in these offerings, UOPX provides the following prevention and assistance resources.

Student Resources

UOPX offers substance abuse and various counseling services to all currently enrolled students via the Life Resource Center, directly accessible from the student [MyPhoenix](#) website. The Life Resource Center offers no-cost, confidential services available 24/7/365 by calling (844) 492-0546. Services include:

The Online Counseling Center to get short-term counseling on issues including managing stress, relationship issues, family concerns, substance abuse, grief, trauma, loss, anxiety, and depression

Life coaches to assist in areas such as time management, work-life balance, managing change, transitions, and stress

Employee Resources

UOPX provides an Employee Assistance Program (EAP) administered by Uprise Health as an employee benefit. All employees have access to the EAP whether they obtain other benefits through UOPX. Information about the EAP program is available at <https://uopx.uprisehealth.com/> (enter access code UOPX) or by calling (800) 395-1616. This benefit provides referral services and treatment sessions as needed. Calls and online inquiries are tracked by category. Employees enrolled in health care plans can obtain added substance abuse benefits, including outpatient and inpatient services, through providers contracted with their health care plan.

UOPX also provides a mental wellness benefit, Ginger, for employees and their dependents age 18 and older. Ginger is an emotional support app that supplies emotional support at the right time, including confidential coaching via text-based chats, self-guided activities, and video-based therapy and psychiatry—all from the privacy of a smartphone. Ginger coaches are available 24/7 and work as a team to ensure

National Resources

We encourage *anyone* dealing with substance abuse issues (not just our employees and students) to also contact national agencies for guidance and assistance in identifying a counseling, treatment, or rehabilitation program. You are not alone. Support is always available with confidentiality and discretion.

Al-Anon Family Groups (888) 4AL-ANON (425-2666) <https://al-anon.org/>

Alcoholics Anonymous <http://www.aa.org/>

Cocaine Anonymous <https://ca.org/>



ALCOHOL & DRUG ABUSE PREVENTION

Physical and Psychological Dependence and Effects of Specified Drugs

There is a vast array of health risks associated with chronic drug and alcohol use, including but not limited to: depression; liver and kidney disease; psychosis and impaired thinking; heart attack; seizures; stroke; high blood pressure; violent outbursts; paranoia; anxiety; and increased risk of birth defects and developmental issues during and after pregnancy. For more information about the health risks associated with alcohol and particular types of drugs, please visit <https://nida.nih.gov/research-topics/commonly-used-drugs-charts>.

Standards of Conduct

UOPX prohibits the use, sale, possession, or distribution of illicit alcohol and drugs on University Controlled Property or at a UOPX function and complies with state underage drinking laws. (*Note:* the legal drinking age in the United States is 21 and over.) Additional standards of conduct for students and faculty are addressed in the Student Code of Conduct and Faculty Code of Conduct, respectively. Also, faculty and staff are subject to the Alcohol and Drug Abuse Prevention and related policies found in the internal Policy Library.

Sanctions UOPX will Impose for Alcohol and Drug Violations

UOPX will fully cooperate with federal, state, and local law enforcement agencies regarding unlawful possession of drugs and the unlawful consumption of alcohol on University Controlled Property or at a UOPX function. Any member of the campus community found consuming or selling alcohol and illicit drugs on UOPX property is subject to disciplinary action, up to and including dismissal from UOPX.



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California (CA)	
Category	Summary (California Code)
	jail for a period of not more than six months and/or a fine of not more than \$500 will be imposed. <i>Id.</i> As the quantity of cannabis increases, the crime classification becomes more severe and related penalties increase. <i>Id.</i>
Controlled Substances	<p>California statutes cover a wide range of offenses related to delivering, selling, furnishing, transferring, possessing, or manufacturing controlled substances formerly classified as <i>See Cal. Health & Safety Code §§ 11350 11392.</i></p> <p>Penalties include prison sentences and monetary fines. <i>See Cal. Health & Safety Code §§ 11350 and 11377.</i> These penalties vary widely by the type and amount of controlled substance confiscated, the number and type of prior convictions, and the intent of the individual to manufacture, sell, or use the drug. Involving a minor in any capacity whether using or employing a minor, inducing a minor to violate provisions, selling or furnishing to a minor, or acting in locations where minors are present is a distinct offense and will result in heightened penalties. <i>See Cal. Health & Safety Code §§ 11353 11354 and 11380.</i></p> <p>For example, a first-time drug offender found in possession of opiates (Schedule I substances) without a valid prescription may be punished by up to 1 year in jail, a fine of at least \$1,000, or community service. Cal. Health & Safety Code § 11350. Possession of</p> <p>punishable by up to 3 years imprisonment. Cal. Health & Safety Code § 11350.5; Cal. Penal Code § 1170.</p>
Alcohol and Minors	<p>Any person under 21 years of age who purchases any alcoholic beverage or consumes any alcoholic beverage in any on-sale premises is guilty of a misdemeanor punishable by a fine of \$250 and/or between 24 and 32 hours of community service. Cal. Bus. & Prof. Code § 25658. Second or subsequent offenses are punishable by up to \$500 and/or between 36 and 48 hours of community service. <i>Id.</i></p> <p>A person who sells, furnishes, gives, T /F96 0 g 0 G [<0169>] es any alcoholic beverage c</p>



Hawaii (HI)

Category

Summary (Hawaii Revised Statutes)

grams or less of marijuana, it is punishable by a fine of \$130. *Id.* The court may sentence a person who has been convicted of a misdemeanor or a petty misdemeanor to imprisonment for a definite term to be fixed by the court and not to exceed 1 year in the



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Texas (TX)

Category

Summary (Texas Code Annotated)

Alcohol and Minors

parent/guardian or spouse is punishable by a fine of \$250 to \$2,000 and imprisonment for license suspension, and education or treatment. *See* Tex. Alcoholic Beverage Code Ann. § 106.04. A minor may possess an alcoholic beverage while in the course and scope of the *See* Tex. Alcoholic Beverage Code § 106.05.

for damages proximately caused by the intoxication of a minor under the age of 18 if the adult served the minor or allowed the minor to be served alcoholic beverages that